

BEFORE YOU HIGHLIGHT

- Read this entire instruction leaflet before you begin.
- Do the STRAND TEST to determine your optimum highlighting time.
- Do not shampoo immediately before highlighting – your scalp has natural oils that help protect it. If hair has excess styling product build-up, shampoo the day before.
- Do not use **Frost & Tip** if your hair is treated with permanent colour, double processed (pre-lightened and tinted with a toner), relaxed, treated with henna or colour restorers. Call the Expert Colour Consultants for advice.
- If you need advice, call the Expert Colour Consultants at 1800 226 524 (Australia) & 0800 800 044 (New Zealand).

USEFUL TIPS BEFORE YOU START

- Cover up with a smock or an old towel to protect your clothing.

CLAIROL™



FROST & TIP™

nice'n easy™

1. Highlighting Powder (1)
2. Developing Creme (2)
3. Moisture Intensive Conditioner
4. Highlighting Cap
5. Mixing Tray
6. Highlighting Spatula & Hook
7. Gloves

Frost & Tip consistently gives you natural-looking dramatic blonde highlights exactly where you want them. Using a cap and hook, a salon technique, you can easily enhance and brighten your natural hair colour. **Frost & Tip** includes Moisture Intensive Conditioner that helps hair to stay soft and shiny week after week.

HOW THE FROST & TIP CAP HELPS YOU HIGHLIGHT

The cap is clearly divided into three sections to provide many design options, making it easy to create Dramatic Highlights throughout your hair or only in certain areas.

You control your look by the number of sections and holes you choose.

FACE FRAMING SECTION: The front area of the cap highlights the entire front of the head from ear to ear.

CROWN SECTION: The middle area of the cap highlights the entire crown of the head.

BACK SECTION: The back area of the cap highlights the entire back of the head.

HOW TO PULL STRANDS THROUGH CAP

- Select the style of highlights you want from the Highlighting Style Suggestions section and follow those directions for choosing which hair strands to pull through the cap.
- To pull hair strands through the holes, place the plastic hook flat against the cap, slip the hook through a hole in the cap, then gently pull the hook straight out.
- Be sure each strand is pulled completely through the cap with no loops!
- If you pull out too much hair, carefully slide the hook under the cap and pull the hair back through the hole.
- If your hair in the back is longer than the cap, protect your skin and any hair you don't want highlighted by covering it with foil or plastic wrap.



HIGHLIGHTING STYLE SUGGESTIONS

Here are some techniques you can use to design your highlighted look.

The number, thickness and placement of the strands, and the length of time you leave the highlighting mixture on your hair will determine how dramatic your final result will be.

- Frame your face with hairline highlights**
 - Good for all hairstyles
 - Use the circled holes in only the front section
- Accent the top and front of your hair with crown highlights**
 - Best for chin length and for shorter styles
 - Use the circled holes around the hairline and the crown
- Illuminate your hair with all-over highlights**
 - Good for all hairstyles
 - Use all the circled holes in all sections

HOW TO PREPARE HIGHLIGHTING MIXTURE

NOTE: Be sure your hair is ready for application before preparing the highlighting mixture. The **Frost & Tip** cap should be in place and your selected hair strands should be pulled through the cap and ready to highlight.

- Holding away from face, shake the **Highlighting Powder (1)** packet before opening to make sure contents settle to the bottom.
- Wearing the gloves provided, pour the **Highlighting Powder (1)** into the mixing tray.
- Then mix in the **Developing Creme (2)** slowly while mixing with the spatula until it becomes a smooth, creamy mixture.
- Apply the highlighting mixture to your hair immediately.



- If your hair has been recently permed, wait at least 7 days and 1 shampoo before highlighting. Be sure to do the Strand Test, since your timing may need to be reduced. If you plan to perm your hair, wait at least 7 days and 1 shampoo after highlighting.
- Comb your hair in the style you normally wear it.
- Put on the cap and tie it snugly. Tuck the hair around your front hairline under the cap.
- Wear the gloves provided when you prepare and apply the highlighting mixture.
- If the shade is too light, you need to leave the highlighting mixture on your hair less time. That's why it's good to do the Strand Test. If you have already highlighted all of your hair, call the Expert Colour Consultants for advice.
- If your highlights are too red/gold ("brassy") looking or not light enough, you need to leave the highlighting mixture on longer to remove the brassy tones and allow you to reach your desired level of lightness. If you have already highlighted all of your hair, call the Expert Colour Consultants for advice.
- Highlighting is not recommended for grey hair.
- Remember that highlights are permanent and will not wash out.
- Reapply your highlights every 2-3 months. When applying, be sure not to apply on areas that have been previously highlighted.

STRAND TEST

- Do the STRAND TEST each time you highlight to determine optimal timing and results. Sun, chlorine, and perms can affect your timing and results. You will need: scissors, tape, plastic bowl, plastic spoon and a clock.
- Cut a ¼ inch wide strand from the darkest part of your dry hair close to the scalp and tape at the cut end.
 - Put on gloves provided. Holding away from face, shake **Highlighting Powder (1)** packet until contents settle to the bottom. Mix 1 teaspoon of **Highlighting Powder (1)** with 2 teaspoons of **Developing Creme (2)** in a plastic bowl. Reseal **Highlighting Powder (1)** tightly to avoid spilling.
 - Completely cover the hair strand with the highlighting mixture and start timing. Depending on how light you want your highlights to be, you should leave the highlighting mixture on a minimum of 10 minutes or up to a maximum of 90 minutes.
 - After the minimum suggested timing, wipe the strand clean. If the strand is not the shade you want, reapply the highlighting mixture and check it every 5-10 minutes. Remember your hair looks darker when wet. If after the maximum time, the strand is not the shade you'd like, read the Useful Tips section. When the strand is the shade you want, write the time amount below.
 - Rinse and save gloves.

Fill in your personal highlighting time below:

My timing for desired highlights: _____ minutes.

DO SKIN ALLERGY TEST 48 HOURS BEFORE EACH APPLICATION EVEN IF YOU HAVE ALREADY USED COLOURING PRODUCTS

SKIN SENSITIVITY TEST: Mix a small amount of product with double the quantity of water in a non metallic bowl. Apply a small amount of the test mixture to an area of the size 1 cm² on the inside of the elbow. Allow to dry and leave it on the skin for 45 minutes, and then wash it off. If there are no skin reactions within the next 48 hours then proceed with product application. **If a rash, redness, burning or itching occurs you must not use this product.** The test represents a reasonable precaution but an allergic reaction may still occur. Seek medical advice or consult a dermatologist if you have any concerns.

SPECIAL CAUTIONS

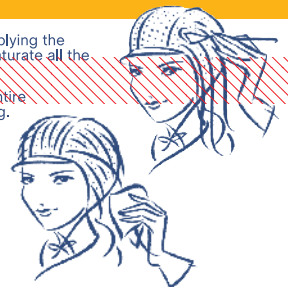
- This product contains ingredients including hydrogen peroxide which may cause severe eye irritation and possible permanent eye injury. If any product gets into your eyes, flush immediately with a large amount of lukewarm water and seek medical advice.
- We recommend removing contact lenses before applying this product. If you must wear contact lenses during application, if any product gets into your eyes, remove the lens first then flush immediately with a large amount of lukewarm water and seek medical advice.
- Do not use on your eyebrows or eyelashes.
- Do not use if your scalp is sensitive, irritated or damaged. Do not apply product directly to scalp. If any product comes into contact with the skin, wash area immediately with lukewarm water.
- Do not inhale or ingest product
- Prepare and use product in a well ventilated area. If you experience inhalation difficulties, move to fresh air.
- Remove all metal objects from hair before and during use.
- Do not use on hair that has been coloured with henna or metal dyes.
- Dispose of any unused mixture.
- Product not intended for use on children
- Keep out of reach of children

HOW TO APPLY HIGHLIGHTS

STEP 1

APPLY HIGHLIGHTING MIXTURE

- Using the spatula or your gloved fingers, begin applying the highlighting mixture to the hair making sure you saturate all the strands with the highlighting mixture.
- If this is your first time highlighting, saturate the entire length of the hair strands to ensure even lightening. For previously highlighted hair, only apply the highlighting mixture to the new growth, so it will match the already lightened ends. Save any unused highlighting mixture in case you need to reapply after checking a strand.
- If any highlighting mixture gets on your skin or household surface, wipe it off immediately with a damp paper towel.



STEP 2

COVER HAIR

- Pile your saturated hair loosely on top of the cap and cover with the clear plastic overcap.
- Twist overcap at the front and fasten tightly with a plastic hair clip.



STEP 3

TIME

- When you have finished applying the highlighting mixture, begin timing your highlights according to the time indicated by your Strand Test.
- After the minimum time recommended (10 minutes), check the progress of your highlights. Wipe a strand with a damp paper towel and check the shade. Remember, your hair looks darker when wet.
- If the hair strand has not reached the desired level of lightness, or if you are seeing any unwanted red or gold tones, reapply the highlighting mixture to the same strand and continue checking every 5-10 minutes until you reach the shade you want.
- Do not exceed a maximum time of 90 minutes.

Note: For darker starting colours you should expect to see more gold and/or red tones in your final result.



STEP 4

RINSE, SHAMPOO & CONDITION

- Remove clear plastic overcap. Leave the cap on and rinse your hair thoroughly until the water runs clear.
- Remove cap. Shampoo hair with a mild shampoo.
- Apply the **Moisture Intensive Conditioner** evenly to hair. For best results leave on for 2 to 5 minutes.
- Rinse and style your hair as usual. Discard any unused highlighting mixture.
- To keep hair shiny week after week, use the **Moisture Intensive Conditioner once a week** after shampooing.



QUESTIONS?

To speak to an Expert Colour Consultant, call 1800 226 524 (Australia) 0800 800 044 (New Zealand)
Visit our website at: www.clairol.com.au (Australia) www.clairol.co.nz (New Zealand)
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